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Estrovera's key ingredient, ERr 731, has been used safely and effectively for over 20 years and is supported by clinical studies. Estrovera provides relief for multiple menopausal symptoms, including hot flashes, sleep disturbances, mood swings, irritability, anxiety, and sexual problems.\*

Visit [WhyEstrovera.com](http://WhyEstrovera.com) for additional information.

**Directions:** Take one tablet with food and a glass of water once daily at the same time of day or as directed by your healthcare practitioner.

**This product is non-GMO, gluten-free, and vegetarian.**

**Caution:** Do not use if pregnant or nursing. If taking medication, consult your healthcare practitioner before use.

**Storage:** Keep tightly closed in a cool, dry place.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Certified



Gluten-Free



PRACTITIONER EXCLUSIVE

DIETARY  
SUPPLEMENT

90 TABLETS



Plant-Derived Menopausal  
Hot Flash Relief\*

Featuring ERr 731®

Estrovera®

Metagenics®

## Supplement Facts

Serving Size 1 Tablet  
Servings per Container 90

### Amount Per Serving

Rhapontic Rhubarb 4 mg\*  
(*Rheum rhabonticum* L.) Root Extract (ERr 731®)  
[Providing 2.2 mg rhaponticin and 1 mg desoxy-rhaponticin]

\*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and enteric coating (ethyl cellulose, hydroxypropylmethylcellulose, medium-chain triglycerides, ammonium hydroxide, sodium alginate, hydroxypropylcellulose, oleic acid, and stearic acid).

**MANUFACTURED BY: METAGENICS**  
GIG HARBOR, WA 98332  
800 692 9400 • [METAGENICS.COM](http://METAGENICS.COM)

\*Also known as Siberian rhubarb root.