

Up to **83%** reduction in menopausal symptoms^{1+*}



Estrovera[®]

The nonhormonal menopausal relief you've been searching for*

 **Metagenics[®]**

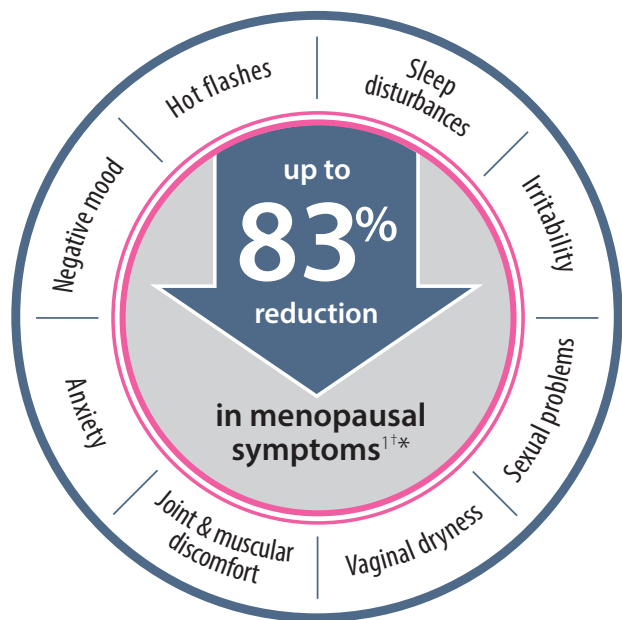
Genetic Potential Through Nutrition

You can't avoid menopause. But Estrovera can help.

For women around the world, the physical symptoms of menopause are an unavoidable—if uncomfortable—fact of life. From inconvenient hot flashes to persistent vaginal dryness, the physical effects of this life change can leave you feeling frustrated, unhappy, and searching for affordable solutions. If you are one of the millions of women searching for effective nonhormonal relief, it's finally within your reach.*

Clinical results:

In several large randomized controlled trials, ERr 731 has been shown to reduce a wide range of menopausal symptoms.^{1,2*}



"Best product for menopause that I have taken, and I have taken many. I know it works because I ran out and [my] symptoms came back. While taking Estrovera, there were no symptoms, and I was a happy woman.

Thanks, Estrovera, you are the BEST!"

M. Hills, Patient

Estrovera does not contain estrogen!

Instead, Estrovera's key ingredient ERr 731 is a plant-based compound that specifically targets one type of estrogen receptor in the body. Targeting this receptor, contributes to ERr 731's ability to help alleviate common menopausal symptoms.^{3*}

ERr 731 has a long history of successful, widespread use and has been recommended by healthcare providers in Europe since 1993, and in the United States since 2009.⁴

Our patients have spoken.

A 2020 survey^{††} of women taking Estrovera found...

81% say their overall quality of life has improved after taking Estrovera*

84% say they would recommend Estrovera to friends or family

50%+ say they experienced relief from hot flashes, night sweats and anxiety or mood issues within 4 weeks or less*



Talk to your doctor today about Estrovera.

[†]Compared with perimenopausal women receiving placebo, those receiving ERr 731 (the extract found in Estrovera) experienced decreases in symptoms as indicated by the mean reduction in individual Menopause Rating Scale scores.

^{††}Survey conducted online by Metagenics on September 21 to October 5, 2020 with 75 women currently taking Estrovera.

Derived from nature.
Perfected by science.

How to get Estrovera:

- Ask your doctor if Estrovera is right for you
- Your doctor sends your order to MetaDirect
- Expect a phone call from a MetaDirect representative (949 area code or an unknown number)
- Your order ships directly to you

Money-back guarantee

If you try Estrovera and aren't completely satisfied with the results, complete our money-back guarantee form online at Estrovera.com to receive a refund.



Questions? Call **MetaDirect** at 844.966.3600

For new orders select Option 1.



Visit **Estrovera.com** to learn more.



Email us at: MetaDirect@metagenics.com

"Estrovera is a life changer for patients as well as doctors."

R. Gulati, MD

References:

1. Hasper I et al. *Menopause*. 2009;16:117-131.
2. Kaszkin-Bettag M et al. *Altern Ther Health Med*. 2009;15(1):24-34.
3. Wober J et al. *J Steroid Biochem Mol Biol*. 2007;107:191-201
4. Chang JL. *Integrative Med (Encinitas)*. 2016;15:34-39.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

